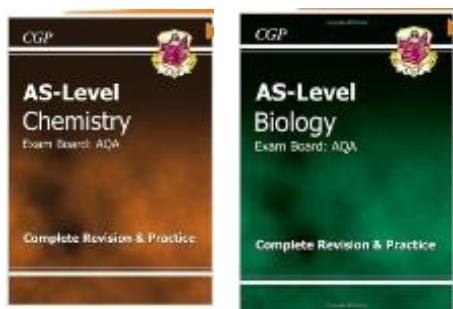


# *Aspire to Med's advice on how to change you're A-Level grades around...*

This is what I did on a daily basis to go from a C to a B in Biology, and from a D to an B in Chemistry.

## **Biology and Chemistry**

- 1) Each day read the relevant page in the revision guide (CGP), write notes, and do the questions. If you haven't done everything on the page to answer the questions then just write notes and do the questions later.



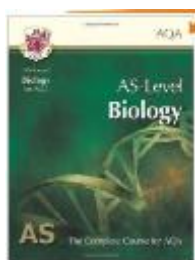
- 2) 'Mini book syl' – use the syllabus and at the end of each day write a paragraph or line. (try to keep it as a summary and use the revision guide to help you)

- 
- 3) Final summary at the end of each chapter (topic) – do it as a set of notes on lined paper or a mind map. Use the syllabus as a checklist for this to ensure you have everything on your summary.
  - 4) **End of chapter questions** (you can find them in your text books)

For chemistry, after the final summary go on: [www.a-levelchemistry.co.uk](http://www.a-levelchemistry.co.uk)

- ➔ AQA Chemistry
- ➔ AS Chemistry
- ➔ Read the notes (if you want, there on the website) and **do each topic questions**

For biology, you can also get the end of chapter questions in 'AS The Complete Guide'

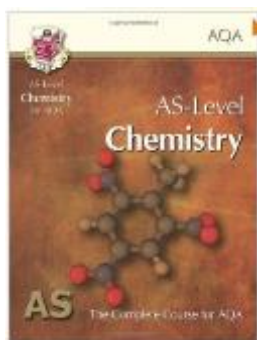


***For Biology, have a keyword book. Go over these keywords regularly.***

## **Other stuff you can do...**

- Sticky notes (may be more suitable for biology!) – e.g. for a text page have one sticky note – just summarizing stuff on that page.
- 'Mini book stuff to learn' – at the end of each day/week write a short summary of stuff you find hard to understand, write it in a way you can understand and then go over it sometimes
- Look on amazon for other revision guides/books to help understand and make notes from

- Do other exam board questions (particularly for chemistry, e.g. do Edexcel questions – just ask your teacher for them!!!) [www.xtremepapers.com/papers](http://www.xtremepapers.com/papers) - may be good
- Do questions in your text book, if you don't understand things then doing more questions helps



I used this book to make my revision cards for chemistry, but obviously you can use the revision guide too and summarize stuff.

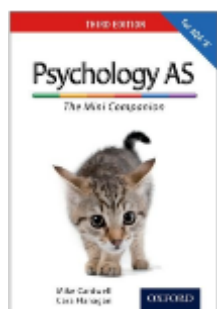
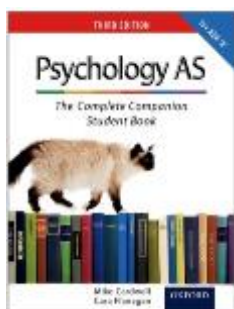
I used the biology one (shown above) for my biology revision cards.

*(For chemistry we did Edexcel so I found this book really good especially for the end of chapter questions as the answers are good but you guys don't do Edexcel... **Edexcel AS Chemistry: Textbook George Facer**)*

- Revision cards (or mind maps) – closer to exam time – can use syllabus if you want to make sure you cover everything
- Past papers, mark them, write notes → USE THE MARK SCHEMES AFTER DOING THE PAST PAPER
- Use examiner reports after past papers

## Psychology

- 1) Use/read the complete companion/mini companion to help understanding and to make your mind map

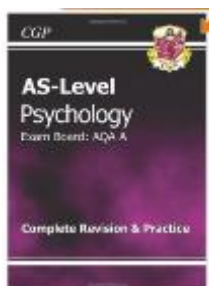


- 2) Do a mind map on AO1/AO2 etc at the end of each lesson (use a checklist, if your teacher gives you one, at the end of each lesson so you know what to put on each mind map)

*Closer to exam time (or maybe at the end of each unit):*

- \* revision cards
- \* past papers (do notes on the paper after, use the mark scheme) – always give to Miss Jevons to mark → say after memory do all past paper section on memory, same for attachment etc

My Unit 3 psychology exam was predominantly all essays, therefore I would write down each potential essay question on a piece of paper and put it in a hat. Then, I would pick random questions out of the hat and do them under timed exam essay conditions, and give them to my teacher to mark.



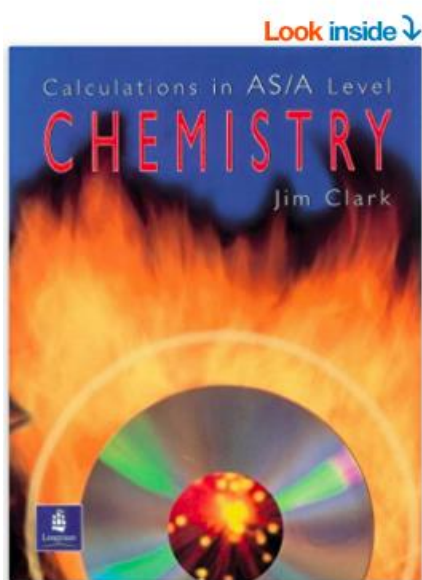
This revision guide isn't the best (in my opinion), the other 2 books above are a lot better but this revision guide is good for RESEARCH METHODS (they are in A2 as well)

## Calculations chemistry book link/info

[http://www.amazon.co.uk/Calculations-AS-A-Level-Chemistry/dp/0582411270/ref=sr\\_1\\_1?ie=UTF8&qid=1379207233&sr=8-1&keywords=calculations+in+as+a+level+chemistry](http://www.amazon.co.uk/Calculations-AS-A-Level-Chemistry/dp/0582411270/ref=sr_1_1?ie=UTF8&qid=1379207233&sr=8-1&keywords=calculations+in+as+a+level+chemistry)

Again this is like £20, but it's a really worthwhile investment, as it will be good for redox, moles, and titrations I think. It should hopefully give you enough confidence to be able to do those without a worry and if you're already good at it all, it's still beneficial.

Although it's more useful at A2 and you may decide not to carry on at a2, even at AS level it's a worthwhile investment. again, at a2 there's lots of calculation/maths- but don't worry, it isn't scary, the calculation book is excellent and guides you really well! ☺



[See this image](#)

### Calculations in AS / A Level Chemistry Paperback – 20 Sep 2000

by [Jim Clark](#) (Author)

★★★★★ 185 customer reviews

[See all formats and editions](#)

**Paperback**

**£22.07**

17 Used from £10.84

24 New from £19.46

Want it delivered by Tuesday, 18 July? Order within 24 hrs 46 mins and choose One-Day Delivery at checkout. [Details](#)

**Note:** This item is eligible for [click and collect](#). [Details](#)

**"Calculations in AS and A Level Chemistry fills a gap in the market and provides excellent coverage of the calculations needed at A Level. Chapters are clearly laid out, with plenty of worked examples, and there are helpful notes throughout."**

[Read more](#)

## Closing words...

*This advice is merely my own, these advice/tips are what worked for me, and helped me achieve my desired grades. The opinions on stated whether these books are good or bad, are again, my own. Please do not feel like you have to take all my advice, however, I really hope that some of it is useful. Ultimately, I believe I am living proof that you can change your grades around if you really want to. I frequently get asked how I revised at A-Level, and what I did, so that is the purpose of this PDF. Please email me at: [aspiretomed@outlook.com](mailto:aspiretomed@outlook.com) if you have any specific questions, and I will do my best to help you.*

***Your circumstances do not shape you, your education does – Aspire to Med***

**Aspire To Med.** NB: All views are my own opinion and advice.